Tips to Get Talking with a Partner

Did you know? Many STIs have no symptoms.
Not sure how to start the conversation?
Try one of the options below.

FYI, I recently got tested for STIs and I didn’t have anything. Have you ever been tested? I want us to make sure we’re taking care of each other.

This is hard for me to talk about, but I care about you and I think it’s important. How do you feel about going to get tested for STIs together?

Using a condom/dental dam/barrier is important to me, do you usually use them?

When was the last time you were tested for STIs?

Do you know if you have any STIs?

Many people who have an STI don’t know it. Why take a chance when we can know for sure?

Questions from Planned Parenthood & CDC