

*Remember...*

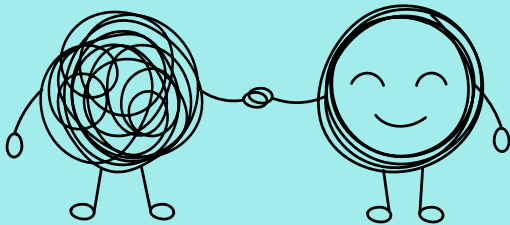


BENTLEY UNIVERSITY

Counseling Center

# MENTAL HEALTH SUPPORT

*is available*



## OVER WINTER BREAK

**Great news! All services are 100% covered by your tuition.**

### COUNSELING

Schedule unlimited, weekly, confidential teletherapy sessions with a clinician of your choice. Available days, nights, & weekends in all 50 states.

**[login.BetterMynd.com](https://login.bettermynd.com)**



### 24/7 PEER SUPPORT

Anonymous peer support community and message boards + guided self-help courses.

**[TogetherAll.com](https://togetherall.com)**

\*monitored by mental health professionals for safety and inclusivity



### 24/7 CRISIS SUPPORT

Professionals are available for you around the clock. To access crisis support, call the Counseling Center and follow the prompts for After Hours services.

**781-891-2274**

