



**BENTLEY UNIVERSITY**

Cannabis Support and Recovery

## HOW DOES YOUR CANNABIS USE COMPARE TO BENTLEY PEERS?

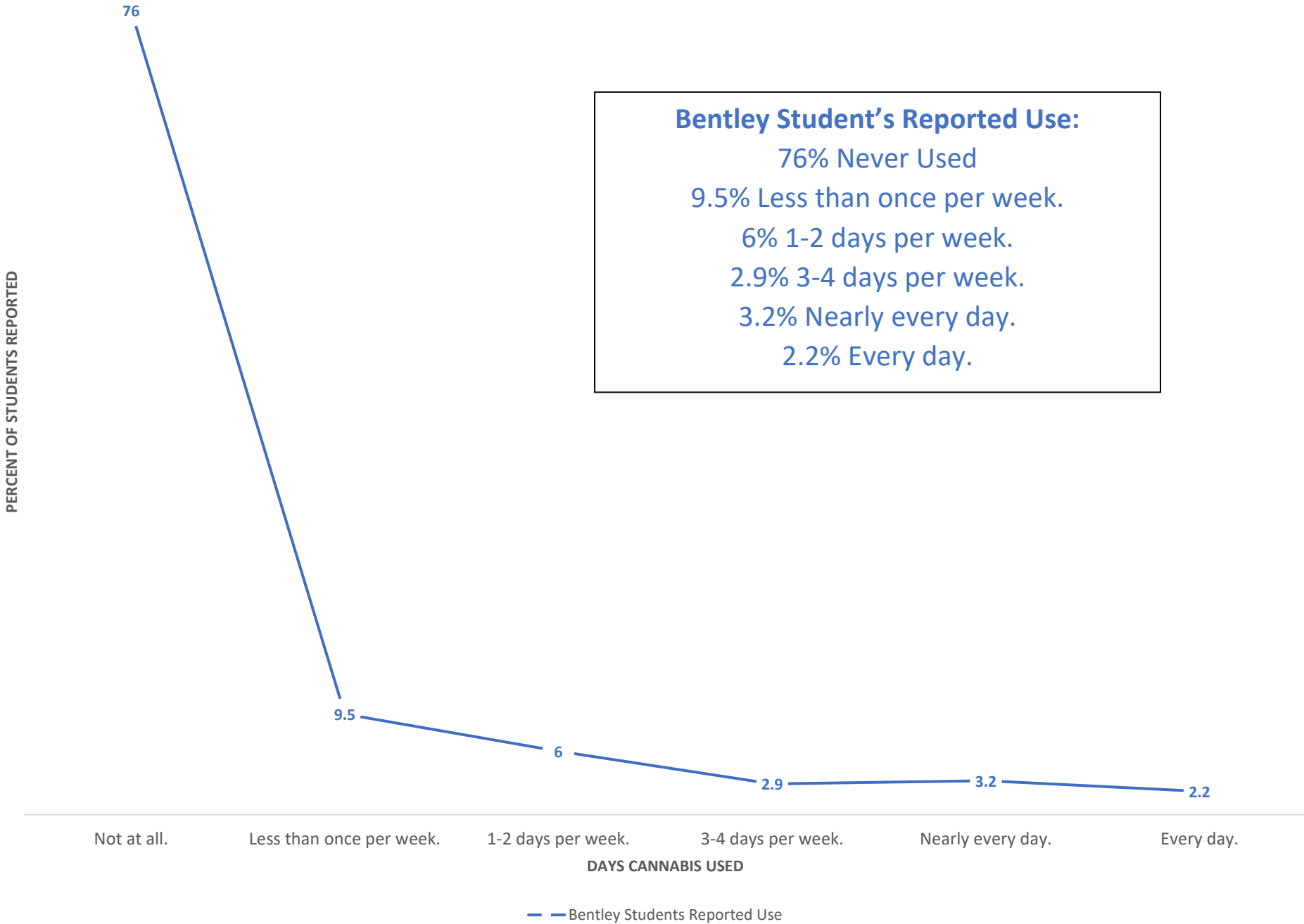
How often have you used Cannabis in the past 30 days? Choose the best answer.

- Not at all.
- Less than once per week.
  - 1-2 days per week.
  - 3-4 days per week.
  - Nearly every day.
  - Every day.

How do you imagine your peers answered the same question? What percentage of your peers do you think used Cannabis at the same rate you did in the past 30 days?

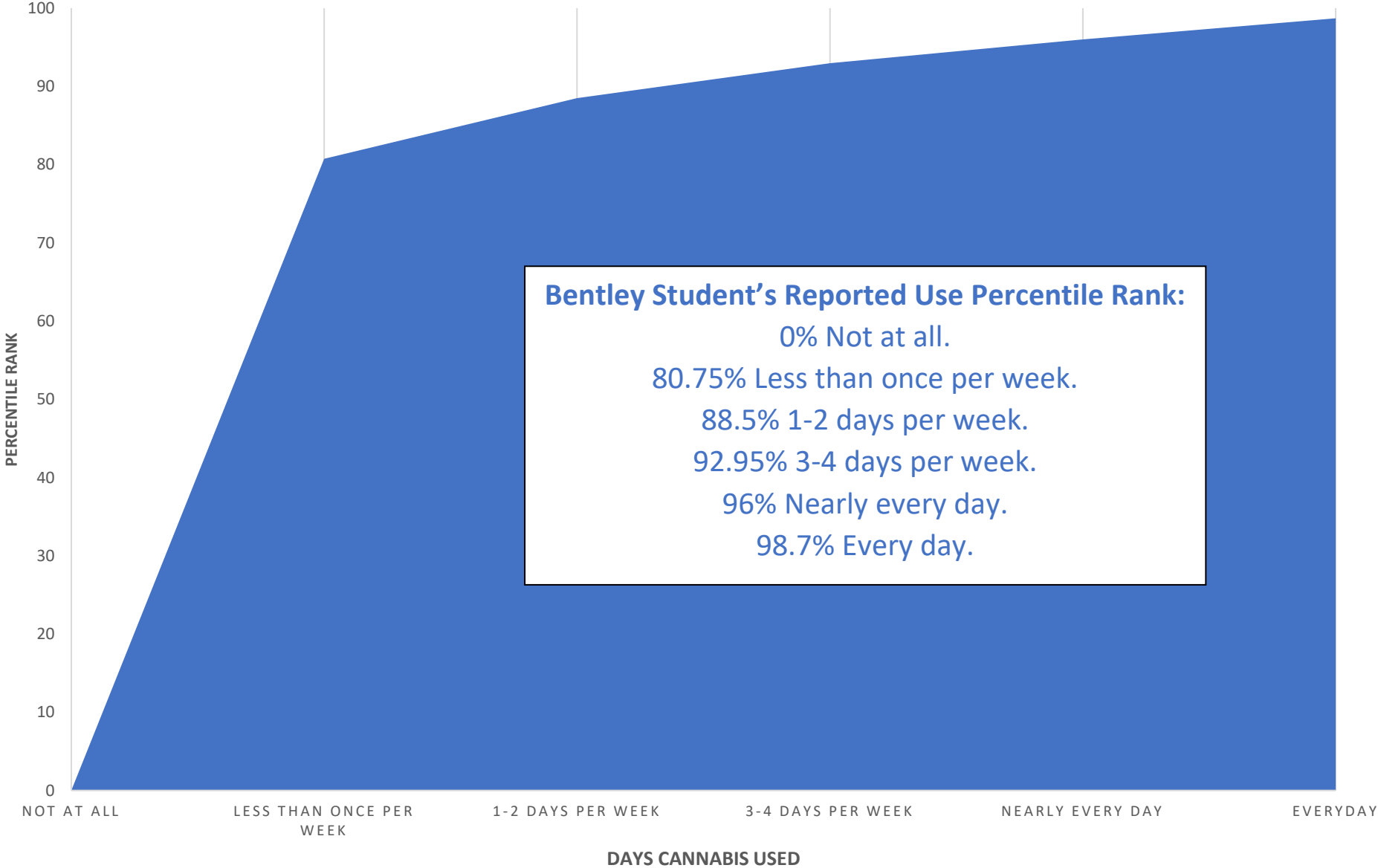
The following page contains a chart which illustrates the responses of your peers to the same question. This survey, 'Bentley University Healthy Minds' as directed by the JED Foundation, was conducted in October 2023, with 409 participants (sample weighted female).

# CANNABIS USAGE RATES LAST 30 DAYS



# CANNABIS ACTUAL USAGE RATES PERCENTILE RANKINGS (APPROXIMATE)

■ Bentley Students Reported Use



Percentile ranks represent where you 'fall' sequentially in the overall distribution of responses. In other words, if your 'percentile rank' is 88.5%, that means that 88.5% of respondents reported less Cannabis over the past 30 days than you did.

Imagine 100 Bentley students standing in a line, in order according to their Cannabis usage. If your percentile rank is 88.5%, then you will be 88<sup>th</sup> in line, with 87 people having used less than you, and 12 having used more.

What does your percentile rank lead you to understand about your personal usage rate? Are you surprised? How did you do on your guess as to the usage rates of your peers?

As you can see from these numbers, over 3/4th (76%) of Bentley students had not used Cannabis at all within the past 30 days at the time of the survey, while the vast majority of students (85.5%) used less than once per week.

Students who are using every day or nearly every day represent just 5.4% of the total student population.

I hope these numbers have helped you put your habit in context.

To speak more about this or to seek professional Mental Health support, please contact us at the Bentley Counseling Center. You can call us at 781-891-2274, or visit us online at:

<https://www.bentley.edu/university-life/student-health/counseling-center>