



BENTLEY UNIVERSITY

AOD Recovery and Support

Alcoholics Anonymous®



Alcoholics Anonymous is a fellowship of people who share experience, strength, and hope with each other that we may solve our common problem and help others to recover from alcohol and other addictions.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for membership. We are self-supporting through our own contributions. AA is not affiliated with any religious or secular institution or organization, and has no opinion on any outside controversies or causes. Our primary purpose is to stay free of alcohol and to help others who still suffer achieve the same freedom. We can do this by practicing our suggested Twelve Steps of recovery and by being guided as a group by our Twelve Traditions, because it has been proven that the 12-Step Recovery program works!

Meeting finder for Boston local area – search for Day, time, and type of meeting:

<https://aaboston.org/meetings>

AA is the premier option for finding a helpful, robust and knowledgeable recovery community – there are meetings throughout the nation, both in-person and online, with all sorts of specialties. You can find **Young People’s meetings, LGBT+ or BIPOC meetings, Women’s/Men’s/Non-Binary meetings**, etc., at most days and times. **While spiritual in nature, AA’s philosophy is not forced upon anyone, indeed many benefit from AA who do not believe in a higher power.**

Developed by Dr. Alex Lemiszki, Psy.D. and the Bentley University Counseling Center – August 2024.

If you desire professional consultation regarding your mental health, please visit the Bentley University Counseling Center at 781-891-2274 or online at <https://www.bentley.edu/university-life/student-health/counseling-center>.



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**Alcoholics
Anonymous®**



Closest In-Person meetings to Bentley University:

Watch City – Wednesdays, 7:30-8:30PM

Frist Parish

50 Church St, Waltham, MA, 02452

Sobah is Bettah – Fridays, 6:30-7:30PM

Christ Church

750 Main St, Waltham, MA, 02451

Sobriety on Loop – Sundays, 8-9PM

Harlan Chapel @ Brandeis University

415 South St, Waltham, MA, 02453

Local Online Daily Meeting:

Day At A Time – Weekdays, 12-1:15PM

Christ Church

750 Main St, Waltham, MA, 02451

Join with Zoom – Meeting ID: 826 6920 4096

Passcode: 242424

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Young People's Specialty In-Person Meeting:

Cambridge Young Peoples – Wednesdays, 7:30-8:30PM

Harvard Epworth Methodist Church

1555 Mass Ave, Cambridge, MA, 02138

Young People's Specialty Online Meetings:

Young People – Sundays, 7-8PM

Join with Zoom – Meeting ID: 82081043503

Password 045158

Young People (Hybrid)– Mondays, 7:30-8:30PM

Join with Zoom – ID: 991 7527 6534

Password: sspr

In-Person:

South Shore Peer Recovery Center

51 Cole Parkway, Scituate, MA 02066

Young People (Hybrid)– Thursdays, 8:30-10PM

Join with Zoom – Meeting ID: 316 099 083

Password: Route 62

In-Person:

St. Theresa's Catholic Church

63 Winter St., Soth Reading, MA 01864



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Marijuana Anonymous

Marijuana Anonymous is a fellowship of people who share experience, strength, and hope with each other that we may solve our common problem and help others to recover from marijuana addiction.

The only requirement for membership is a desire to stop using marijuana. There are no dues or fees for membership. We are self-supporting through our own contributions. MA is not affiliated with any religious or secular institution or organization, and has no opinion on any outside controversies or causes. Our primary purpose is to stay free of marijuana and to help others who still suffer achieve the same freedom. We can do this by practicing our suggested Twelve Steps of recovery and by being guided as a group by our Twelve Traditions. Marijuana Anonymous uses the basic 12 Steps of Recovery founded by Alcoholics Anonymous, because it has been proven that the 12-Step Recovery program works!

Find more information and the 'find a meeting' function online:

<https://marijuana-anonymous.org/>

Closest In-Person meeting to Bentley University:

Weapons of Grass Destruction – Fridays, 8-9PM

Grace Episcopal Church

76 Eldredge St. Newton, MA, 02458

Also nearby Bentley University:

Arlington Tuesday Nights – Tuesdays 7-8PM

First Parish of Arlington

630 Massachusetts Ave, Arlington, MA, 02476

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Marijuana Anonymous

Online Meetings:

Waltham's Wednesday Weed Whackers – Wednesdays 8-9PM

Beginner's Meeting.

Meets on Zoom: Meeting ID: 727 544 474, Password: 794546

Meeting Dial-in: +1 (312) 626-6799, Meeting ID: 727 544 474, Password: 794546

Young People's Meetings:

Young, Wild & Weed Free – Friday 5-6PM

Beginner's, Young People, Open to Non-Addicts, Speaker's Meeting.

Young, Wild & Weed Free is a group of people primarily under the age of 30 (but all are welcome as this is an open meeting) that are navigating the creation of a healthier life together. Through fellowship, service, and not smoking the Ganj, we form a community of young people with a shared experience.

Meets on Zoom: Meeting ID: 676 775 1061, Password: recovery12

Young, Wild & Weed Free – Saturday 5-6:15PM

Beginner's, Young People, Open to Non-Addicts, Book Study Meeting.

Young, Wild & Weed Free is a group of people primarily under the age of 30 (but all are welcome as this is an open meeting) that are navigating the creation of a healthier life together. Through fellowship, service, and not smoking the Ganj, we form a community of young people with a shared experience.

Meets on Zoom: Meeting ID: 676 775 1061, Password: recovery12



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LGBTQIA+ Meetings:

Rainbow Buds – Tuesdays 6-7PM

Meets on Zoom: Meeting ID: **893 1014 9883**, Password: **941541**

Meeting based in Brookline, MA United States

Open to non-addicts.

Kind Buds – Fridays 6-7PM

Meets on Zoom: Meeting ID: **921-3137-4236**, Password: **369368**

Meeting based in Boston, MA United States

Open to non-addicts.

BIPOC & Intersectional Meetings:

MA Stoners of Color – Wednesdays 8:30-10PM

A fiercely LGBTQI+ inclusive group specifically for those who identify as multiracial or Black, Indigenous, People of Color (BIPOC) to relate in a culturally aware setting.

Meets on Zoom: Meeting ID: **798 8715 2730**, Password: **BIPOC59**

Meeting Contact: MAStonersOfColor@gmail.com

MA Stoners of Color – Grab Bag Meeting – Fridays 7-8PM

A fiercely LGBTQI+ inclusive group specifically for those who identify as multiracial or Black, Indigenous, People of Color (BIPOC) to relate in a culturally aware setting. This meeting has a grab-bag format where we ask each other questions about our recovery.

Meets on Zoom: Meeting ID: **879 1745 9995**, Password: **BIPOC59**

MA Stoners of Color – Step Slay Meeting – Saturdays 8:30-10PM

A fiercely LGBTQI+ inclusive group specifically for those who identify as multiracial or Black, Indigenous, People of Color (BIPOC) to relate in a culturally aware setting. This is a Step Study meeting and we discuss a step each week.

Meeting ID: **849 5222 8738**, Password: **BIPOC59**

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<https://www.smartrecovery.org/>

Participants tell us that our program is valuable because we stress self-directed action and base our practical tools on cognitive science. If you're choosing to learn how to move beyond an addiction of any kind, we're here to help with free mutual support meetings and resources of all kinds. A good alternative to traditional 12-step programs, this model integrates behavioral science, such as CBT, in meetings regularly. The website hosts a 'find a meeting' function, as well as online handbook and tools.

Closest meeting to Bentley University:

Matt Robert, Facilitator
Mbert55@gmail.com ; 617-447-1351
Fridays, 6-7:30PM

Free, No Registration Required. Hybrid – Zoom and In-Person available.

<https://smartrecovery.zoom.us/j/298001153> or +1 669 900 6833 , Meeting ID: 298001153

Beth Israel Deaconess Medical Center
330 Brookline Ave., Boston, MA 02215, USA

Directions: Facing the main information desk, turn left and proceed to the Rabb elevators. Go to the second floor. As you exit, you will be facing the restrooms. Proceed to the hallway immediately to the left of the restrooms and knock on the door. If no one answers, call 617-447-1351

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Recovery Dharma offers an approach to recovery based on Buddhist principles.

Our program is peer-led and non-theistic. We welcome all those who wish to pursue recovery as part of our community. Recovery Dharma is founded on, and inspired by, Buddhism that originated in India and later on flourished in other regions of Asia (e.g., South Asia, East Asia, Southeast Asia, Central Asia). We deeply appreciate the Buddhist heritage that was protected and freely offered by the ancestors of these cultures.

For more information and to find local and online meetings, visit:

<https://recoverydharma.org/>

Topic & Affinity Groups Available

Cambridge / Somerville Sangha - Online

Weds 7:30PM, Sat 11AM - recoverydharmaSomerville@gmail.com

<https://zoom.us/j/500647503?pwd=TmRLUml4VGErK2pGWnV1SnhxYW5JUT09>

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